

UNIVERSITY OF PENNSYLVANIA – SCHOOL OF NURSING
Curriculum Vitae

DATE: DECEMBER, 2023

Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN, FAND

EDUCATION

Doctor of Philosophy, 2018, Temple University College of Public Health, Public Health, Social and Behavioral Sciences

Master of Public Health, 2013, West Chester University of Pennsylvania, Public Health Nutrition

Bachelor of Science, 2011, La Salle University, Coordinated Program in Dietetics

POSTGRADUATE TRAINING & FELLOWSHIP APPOINTMENTS None

MILITARY SERVICE None

PROFESSIONAL EXPERIENCE

2018-2022 Senior Research Investigator, Perelman School of Medicine, University of Pennsylvania

ACADEMIC POSITIONS

2022-Present Assistant Professor in Nutrition Science, University of Pennsylvania School of Nursing

2022-Present Assistant Professor of Nursing in Surgery, University of Pennsylvania Perelman School of Nursing

2019-2022 Adjunct Associate Professor of Public Health in Surgery, University of Pennsylvania Perelman School of Medicine

2018-2020 Lecturer, La Salle University School of Nursing and Health Sciences

CLINICAL & ADMINISTRATIVE POSITIONS

2014-2022 Bariatric Program Manager, Clinical Practices of the University of Pennsylvania

2012-2014 Research Dietitian, Center for Obesity Research and Education, Temple University

2011-2012 Acute Care/Rehab Dietitian, Einstein Healthcare Network

2011-2012 Bariatric Dietitian, Einstein Healthcare Network

2008-2012 Diet Clerk, Holy Redeemer Health System

OTHER APPOINTMENTS None

CERTIFICATION/LICENSURE

Specialty Certification

2019-2024 Board Certified Specialist in Obesity and Weight Management, Commission on Dietetic Registration

Licensure

2011-Present Commonwealth of Pennsylvania Licensed Dietitian/Nutritionist DN004633
2011-Present Commission on Dietetic Registration Registered Dietitian 01032443

HONORS/AWARDS/MEMBERSHIPS IN HONORARY SOCIETIES

2023 Fellow of the Academy of Nutrition and Dietetics
2019 Excellence Award in Emerging Research Outcomes, Academy of Nutrition and Dietetics Weight Management Dietetic Practice Group
2019 Emerging Dietetic Leader Award, Pennsylvania Academy of Nutrition and Dietetics
2018 Digital Innovation Enterprise Award, Philadelphia Allegiance for Capital and Technologies
2016 Team of the Year Award, Clinical Practices of the University of Pennsylvania
2015-2016 Patsyjane O'Malley Memorial Scholarship, Academy of Nutrition and Dietetics Foundation
2014 Frances E. Fischer Memorial Scholarship, Academy of Nutrition and Dietetics Foundation
2013 Public Health Traineeship Scholarship, Health Resources and Services Administration
2012 Billye June Eichelberger Scholarship, Academy of Nutrition and Dietetics Foundation
2011 Student Activities Award, La Salle University
2011 Magna Cum Laude, La Salle University
2011 G. Jane Hartman Memorial Scholarship, Academy of Nutrition and Dietetics Foundation
2011 General Scholarship, Pennsylvania Academy of Nutrition and Dietetics
2010 National Society of Collegiate Scholars
2009-2010 Brother Patrick Ellis Scholarship, La Salle University
2008 W. W. Smith Trustee Award, La Salle University
2008 General Scholarship, Philadelphia Academy of Nutrition and Dietetics
2007-2011 Founder's Scholarship, La Salle University

RESEARCH

Doctoral Dissertation

Tewksbury, Colleen Marie. *PREOPERATIVE PATIENT CONTACTS AND POSTOPERATIVE WEIGHT LOSS AFTER BARIATRIC SURGERY: A RETROSPECTIVE STUDY*. Diss. Temple University. Libraries, 2018. Supervisor: David B. Sarwer

Past/Present Funded Research Grants

2023-2024. Nutrition Discipline Director
T73MC00051-23 Health Resources & Services Administration
Children's Hospital of Philadelphia, PI: Carol Ford
Leadership Education in Neurodevelopmental and Related Disabilities

2023-2024. Nutrition Faculty
GRT-00002160 Health Resources & Services Administration

Children's Hospital of Philadelphia. PI: Nathan Blum
Leadership Education in Adolescent Health

2021-2025. Sub-Investigator
UH3-NS-103446 National Institute of Neurological Disorders and Stroke
University of Pennsylvania, PI: Casey Halpern
Responsive Neurostimulation for Loss of Control Eating

2018-2024. Co-Investigator
5R01DE026603-04 National Institute of Dental and Craniofacial Research
University of Pennsylvania, PI: Dana Graves
Diabetes reversal and the subgingival microbiota

PUBLICATIONS – Latest first

Journal Articles: Research, Peer Reviewed [* indicates data-based]

1. Strauss AL; Triggs JR; Tewksbury CM; Soriano, IS; Wernsing DS; Dumon, KR; Williams NN; Shao JM. Conversion to Roux-En-Y Gastric Bypass: A Successful Means of Mitigating Reflux After Laparoscopic Sleeve Gastrectomy. *Surgical Endoscopy*. 2023 Mar 30:1-6.
2. Allison KC, Wu J, Spitzer J, McCuen-Wurst C, Tewksbury C, LaGrotte C, Ashare R, Wadden TA, Williams NN, Sarwer DB. Changes in Eating Behaviors and their Relations to Weight Change Six and Twelve Months after Bariatric Surgery. *Obesity Surgery*. 33(3), 733-742.
3. Tewksbury C, Nwankwo R, Peterson J. Academy of Nutrition and Dietetics: Revised 2022 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Adult Weight Management. *J Acad Nutr Diet*. 2022;. doi: 10.1016/j.jand.2022.06.008. PubMed PMID: 35738538.
4. *Hoeltzel G, Swendiman R, Tewksbury C, Prout E, Dumon KR, Williams NN. "How Safe is Adolescent Bariatric Surgery? An Analysis of Short-Term Outcomes." *Journal of Pediatric Surgery*. 2022.
5. Sarwer DB, Wadden TA, Ashare RL, Spitzer JC, McCuen-Wurst C, LaGrotte C, Williams NN, Edwards M, Tewksbury C, Wu J, Tajeu G. "Psychopathology, disordered eating, and impulsivity in patients seeking bariatric surgery." *Surgery for Obesity and Related Diseases*. 2021 1;17(3):516-24.
6. Sarwer DB, McCuen-Wurst C, Spitzer JC, Tewksbury CM, Allison KC. "Multidisciplinary Assessment and Management of a Complex Patient Who Underwent Bariatric Surgery for Clinically Severe Obesity: A Case Report." *CommonHealth* 2021. 2.1: 13-22.
7. *Tewksbury CM, Geng Z, Foster M, Gershuni V, Dumon KR, Rame JE, Groeneveld PW, Williams NN. "Validation and Improvement of a Highly Predictive Bariatric Surgery Mortality Risk Calculator to Include Sleeve Gastrectomy Using MBSAQIP 2015-2017 Data." *Surgery for Obesity and Related Diseases*. 2020, 16.6: 725-731.
8. Tewksbury CM, Wu J, Allison KC, Gardiner H, Dumon KR, Williams NN, Sarwer DB: "Pre-Bariatric Surgery Care and Postoperative Outcomes: Increased Number of Visits Associated with Smaller Weight Losses over First 2 Postoperative Years." *Surgery for Obesity and Related Diseases* 2019. 15(9): 1548-1553.
9. Prout Parks E, Finnerty D, Panganiban J, Frasso R, Bishop-Gilyard C, Tewksbury CM, Williams NN, Dumon K, Cordero G, Hill DL, Sarwer DB: "Perspectives of Adolescents with

- Severe Obesity on Social Media Support in Preparation for the Weight-Loss Surgery: A Qualitative Study.” *BMC Pediatrics* 2020. 20(1): 1-7.
10. Foster MW, Gershuni VM, Tewksbury CM, Giri JS, Dumon KR, Rame JE, NN Williams: “Laparoscopic Sleeve Gastrectomy Carries a Lower Perioperative Mortality including Sudden Cardiac Death Over Roux-En-Y Gastric Bypass in Patients with a Prior Cardiac History.” *Obesity Surgery*. 2020, 30(3): 812-818.
 11. Cohen J, Lim MA, Tewksbury CM, Landa ST, Trofe-Clark J, Abt PL, Williams NN, Dumon KR, Goral S. “Bariatric Surgery Before and After Kidney Transplantation: Long-Term Weight Loss and Allograft Outcomes.” *Surgery for Obesity and Related Diseases*. 16(5): 935-041, 2019.
 12. *Tewksbury CM, Crowley N, Parrott JM, Andromalos L, Isom KA, Smith E, Allison KC: “Weight Loss Prior to Bariatric Surgery and 30-Day Mortality, Readmission, Reoperation, or Intervention: An Analysis of 349,016 Bariatric Surgery Cases.” *Obesity Surgery*. 29(11): 3622-3628 2019.
 13. Sarwer DB, Allison KC, Spitzer J, Wadden T, Ashare R, Tewksbury C, Edwards M, McCuen-Wurst C, LaGrotte C, Williams NN, Wu J: “Psychopathology, Disordered Eating, and Impulsivity as Predictors of Outcomes of Bariatric Surgery.” *Surgery for Obesity and Related Diseases* 15(4): 650-655, April 2019.
 14. *Cohen JB, Tewksbury CM, Landa ST, Williams NN and Dumon KR. “National Postoperative Bariatric Surgery Outcomes in Patients with Chronic Kidney Disease and End-Stage Kidney Disease.” *Obesity Surgery* 3: 975-982, 2019.
 15. Williams AD, So A, Synnestvedt M, Tewksbury CM, Kontos D, Hsiehm MK, Pantalone L, Conant EF, Schnall M, Dumon K, Williams N. “Mammographic breast density decreases after bariatric surgery.” *Breast Cancer Research and Treatment* 165(3): 565-572, 2017.
 16. *Neylan CJ, Damrauer SM, Kelz RR, Farrar JT, Dempsey DT, Lee MK, Karakousis CG, Tewksbury CM, Pickett-Blakely OE, Williams NN, Dumon KR. “The Role of BMI Class in Cholecystectomy Following Acute Cholecystitis: An ACS NSQIP Analysis.” *Surgery* 160(3): 699-707, 2016.
 17. Lent MR, Vander Veur SS, Peters JC, Herring SJ, Tewksbury C, Wojtanowski AC, Hill JO, Foster GD. “Initial weight loss goals: have they changed and do they matter?” *Obesity Science & Practice* 2(2): 154-161, 2016.
 18. Neylan CJ, Dempsey DT, Tewksbury CM, Williams NN, Dumon KR. “Endoscopic treatments of obesity: a comprehensive review.” *Surgery for Obesity and Related Diseases* 16: 51-54, Feb 2016.
 19. Chen EY, Olino TM, Conklin CJ, Mohamed FB, Hoge FB, Foster GD, GN-BO Study Group, Arlt JM, Eneva K, Kidd JR, Kidd KR, Lent MR, Murray S, Newberg A, Tewksbury C, Vander Veur SS, Yiu A. “Genetic and neural predictors of behavioral weight loss treatment: A preliminary study.” *Obesity* 25(1): 66-75, 2016.
 20. Lent M R, Vander Veur SS, Mallya G, McCoy TA, Sanders TA, Colby L, Rauchut Tewksbury C, Lawman HG, Sandoval B, Sherman S, Wylie-Rosett J, Foster GD. “Corner store purchases of adults, adolescents and children: Items, nutritional characteristics and amount spent.” *Public Health Nutrition* 18:9, 1706-1712, 2015.

Journal Articles: Research, Peer Reviewed Reviews

1. Tewksbury C, Isom KA. Behavioral Interventions After Bariatric Surgery. *Curr Treat Options Gastroenterol*. 2022 Jun 24;:1-10. doi: 10.1007/s11938-022-00388-9. PubMed PMID: 35789675
2. Tewksbury C, Deleener ME, Dumon KR, Williams NN. "Practical considerations of developing and conducting a successful telehealth practice in response to COVID-19." *Nutrition in Clinical Practice*. 2021. 36.4: 769-774.
3. O’Conner K, Whitlock AE, Tewksbury C, Williams NN, Dumon KR. “Risk Factors for Post-Discharge Venous Thromboembolism among Bariatric Surgery Patients and the Evolving Approach to Extended Thromboprophylaxis with Enoxaparin.” *Surgery for Obesity and Related Diseases*. 2021.
4. Foster MW, Tewksbury CM, Hoeltzel G, Williams NN, Rame JE. “At the Heart of Severe Obesity: Chronic Heart Failure and the Role of Bariatric Surgery.” *Bariatric Times*. 2020
5. Tewksbury CM, Williams NN, Dumon KR, Sarwer DB: Preoperative Medical Weight Management: a Review and Reconsideration. *Obesity Surgery* 27(28): 208-214, 2017.

Contributions to peer-reviewed clinical research publications, participation cited but not by authorship

1. Peters JC, Beck J, Cardel M, Wyatt HR, Foster GD, Pan Z, Wojtanowski AC, Vander Veur SS, Herring SJ, Brill C, Hill JO. : The effects of water and non-nutritive sweetened beverages on weight loss and weight maintenance: A randomized clinical trial. *Obesity* 24: 297-304, 2016.
2. Peters, JC, Wyatt, H. R., Foster, GD, Pan Z, Wojtanowski AC, Vander Veur SS, Herring SJ, Brill C, Hill JO.: The effects of water and non-nutritive sweetened beverages on weight loss during a 12-week weight loss treatment program. *Obesity* 22: 1415-1421, 2014.

Journal Articles: Clinical Other

1. Tewksbury CM. “Preoperative Weight Loss for Bariatric Surgery: Benefits and Risks.” *Weight Management Matters* Page: 2-4, 2015.
2. Tewksbury CM: “Weight Bias from a Socio-Ecological Perspective.” *Weight Management Matters*, Fall 2020.

Journal Articles: Non-Peer Reviewed Research/Other

Abstracts [List only past three years; * indicates data based, ∞ indicates peer reviewed]

*Tewksbury C, Dumon KR, Korus G, Wernsing D, Kelz R, Williams NN., *The Cost of Care: Financial analysis of preoperative medical weight management in bariatric surgery. Paradigms in Obesity Pathogenesis: From Basic Research to Clinical Practice*, University of Pennsylvania 2023

∞Allison KC, Wu J, Spitzer J, McCuen-Wurst C, Tewksbury C, LaGrotte C, Ashare R, Wadden TA, Williams NN, Sarwer DB. Changes in Eating Behaviors and their Relation to Weight Change Six and Twelve Months after Bariatric Surgery. *Eating Disorders Research Society*. September 2022.

- ∞ Strauss AL, Triggs JR, Tewksbury CM, Soriano IS, Wernsing DS, Dumon KR, Williams NN, Shao JM. Indications and Outcomes for Conversion of Sleeve Gastrectomy to Roux-En-Y Gastric Bypass (RYGB). Society of the American Gastrointestinal and Endoscopic Surgeons Annual Meeting. March 2022.
- ∞ Tewksbury C, Tronieri J, Pearl R, Allison KC. Reported Experiences of Weight Bias and their Relationship to Bariatric Surgery Completion. Obesity Week 2021
- ∞ Allison KC, Spitzer J, Wu J, McCuen-Wurst C, Tewksbury C, LaGrotte C, Ashare R, Wadden TA, Williams NN, Sarwer DB. Association of the Timing and Duration of 24-hour Caloric Intake with Disordered Eating and Psychosocial Factors Across 12 Months among Persons who Underwent Bariatric Surgery. International Conference on Eating Disorders. June 12, 2021.
- ∞ Yi W, Harlamova D, Tewksbury C, Gershuni V, Williams NN, Dumon KR. The Effect of Income on Outcomes of Bariatric Surgery. ASMBS Annual Meeting. June 2021.
- ∞ Burstein D, Prout E, Dumon K, White R, Iacobellis K, Palm K, Giovinazzo C, O'Malley S, Seivert N, Collier H, Tewksbury C, O'Connor M, Rossano J, Edelson J, Lin K, Wittlieb-Weber C, Maeda K. Development of a Guideline for Pediatric Bariatric Surgery after Ventricular Assist Device Implantation...Challenges and Opportunities. American Society for Artificial Internal Organs. June 2021.
- ∞*Tewksbury C, Tucker C, Isom K. "How Does the Public Find Credentialed Nutrition Care? Trends in Internet Searches from 2007-2018." Journal of the Academy of Nutrition and Dietetics 120.9 (2020): A81.
- ∞Tajeu GS, Wu J, Tewksbury C, Spitzer JC, Gadegbeku CA, Sarwer D, 2020. Abstract P486: Association Of Psychiatric History With Hypertension Among Adults Who Presented For Bariatric Surgery. Circulation, 141(Suppl_1), pp.AP486-AP486.

Books-- None

Monographs, Manuals or Committee Reports-- None

Chapters in books or monographs

1. Tewksbury C. Interprofessional Teams and Models of Practice in Weight Management. Health Professional's Guide to Weight Management. Editors: Gigliotti and Raynor. Academy of Nutrition and Dietetics. Accepted.
2. Tewksbury C. Special Considerations after Metabolic and Bariatric Surgery. Pocket Guide to Bariatric Surgery, 3rd Edition. Editors: Isom and Majumdar. Academy of Nutrition and Dietetics. 2021
3. Tewksbury, CM: Bariatric Surgery. Clinical Case Studies for the Nutrition Care Process, 2nd Edition Editor: Emery. 2020.
4. Sarwer DB, Tewksbury CM, Polonsky H: Obesity and Body Image Dissatisfaction. Handbook of Obesity Treatment, 2nd Edition. Editors: Wadden & Bray. New York: Guilford Press 2018.

Guest Editorials, Book Reviews, Other publications

1. Tewksbury C, Whitlock AEG, O'Connor K, Dumon K, Williams N. "Reply to: Risk factors for postdischarge venous thromboembolism among bariatric surgery patients and the

evolving approach to extended thromboprophylaxis with enoxaparin." Surgery for Obesity and Related Diseases, 2022.

2. Tewksbury C, Williams NN: As America's obesity rate climbs, 4 steps you can take to help yourself and others. Philadelphia Inquirer. March 12, 2020 <https://www.inquirer.com/health/expert-opinions/obesity-increase-americans-steps-to-help-yourself-20200312.html>

Alternative Media, Selected

Food Safety Tips for Thanksgiving. November 22, 2023. PHL17. <https://phl17.com/phl17-news/food-safety-tips-for-thanksgiving/>

Are you handling your food safely? September 21, 2023. PHL17 <https://phl17.com/phl17-news/are-you-handling-your-food-safely-6-easy-tips-to-remember/>

Interviewed by Janet Helm: Ice Hack for Weight Loss: The Latest Trending Diet. US News. <https://health.usnews.com/wellness/food/articles/what-is-the-ice-hack-for-weight-loss-diet>

Interviewed by Pugle M: Why People Love Chocolate: It's How It Melts in the Mouth. January 12, 2023. Healthline. <https://www.healthline.com/health-news/why-health-experts-arent-sweet-on-study-claiming-chocolate-may-help-burn-fat#Does-this-mean-chocolate-for-breakfast-is-a-good-idea?>

Interviewed by Callahan A: What Should I Eat or Drink When I Have a Cold? New York Times. January 10, 2023. <https://www.nytimes.com/2023/01/10/well/eat/cold-flu-drinks-food.html>

Interviewed by Carroll L: People lost more weight when they were offered cash incentives. NBC News. December 5, 2022. <https://www.nbcnews.com/health/health-news/people-lost-weight-offered-cash-incentives-rcna60122>

Interviewed by Stenson J: Calorie counts on menus: Have they helped? NBC News June 13, 2022. <https://www.nbcnews.com/health/health-news/calorie-counts-menus-helped-rcna29276>

Interviewed by Nierenberg A: The Truth About Waist Trainers. May 20, 2022. New York Times. <https://www.nytimes.com/2022/05/20/well/waist-trainers-weight-loss.html>

Interviewed by Stenson J: Metabolism in adulthood does not slow as commonly believed, study shows. NBC News. August 12, 2021. <https://www.nbcnews.com/health/health-news/metabolism-adulthood-does-not-slow-commonly-believed-study-finds-n1276650>

Interviewed: Nutrition During Lockdown. NBC10 Philadelphia. March 10, 2021. <https://www.nbcphiladelphia.com/news/business/in-the-name-of-love/how-to-take-care-of-your-nutrition-under-lockdown/2735969/>

Interviewed: Morning Moms. 6ABC Philadelphia. August 14, 2020. <https://6abc.com/philly-news-morning-moms-action-6abc/6370317/>

Interviewed by Godman H: Why Am I Gaining Weight on a Plant-Based Diet? US News & World Report. December 13, 2019 <https://health.usnews.com/wellness/food/articles/why-am-i-gaining-weight-on-a-plant-based-diet>

Interviewed by Schaefer MA: Weight loss prior to bariatric surgery carries risks. The Philadelphia Inquirer July 4, 2019. <https://www.inquirer.com/health/bariatric-surgery-safe-weight-loss-insurance-risks-gastric-bypass-20190704.html>

Interviewed by Todd C: Here's What Actually Happens in Your Body When You Eat Protein. SELF Magazine June 20, 2019 <https://www.yahoo.com/lifestyle/heres-actually-happens-body-eat-202455127.html>

Interviewed by Todd C: Here's What Actually Happens in Your Body when You Eat Fat. SELF Magazine June 4, 2019. <https://www.self.com/story/what-fat-does-in-your-body>
 Interviewed by Todd C: Here's What Carbs Actually Do in Your Body. SELF Magazine March 23, 2019 <https://www.self.com/story/this-is-what-eating-carbs-actually-does-to-your-body>
 Interviewed: Does the Keto Diet Work? NBC10 News Philadelphia February 26, 2019 https://www.nbcphiladelphia.com/news/health/Does-the-Keto-Diet-Work_Philadelphia-506418612.html

PATENTS & COPYRIGHTS-- None

CONSULTATION: RESEARCH/EDUCATIONAL

2017-Present Commission on Dietetic Registration Certificate of Training in Obesity Interventions: Subject Matter Expert, Reviewer, Developer, and Facilitator

RECENT LECTURES BY INVITATION, SPEECHES AND WORKSHOPS

November 2023 “Nutrition Care of the Patient Undergoing Bariatric Surgery.” Culinary Nutrition, University of Kentucky
 October 2023 “Can someone be healthy at every size?” Nutritional Dialogues for Healthcare Settings, University of Pennsylvania, Perelman School of Medicine
 June 2023 “A Full House Win: Navigating MBS from a Multidisciplinary Lens.” American Society for Metabolic and Bariatric Surgery Annual Meeting, Las Vegas, NV
 June 2023 “Nutrition.” Gastrointestinal Pathophysiology. University of Pennsylvania, Perelman School of Medicine
 May 2023 “Watch the Gap: Practical, Comprehensive, and Person-Centered Nutrition Care in Bariatric Surgery.” Villanova Center for Obesity Prevention and Education
 March 2023 “Barriers and Bias in Bariatric Surgery.” Office of Nursing Research Colloquium Series
 January 2023 Clerkship Orientation, Interprofessional Practicum Panel Member, University of Pennsylvania, Perelman School of Medicine
 September 2022 “Nutrition and Behavior Change.” Penn Medicine Nutrition Science Speaker Series
 January 2022 “Preoperative Nutrition Management of Bariatric Surgery Patients,” Webinar, Military Families Learning Network
 2018-Present Annual Guest Lecture, "Obesity," Culinary Medicine Course, University of Pennsylvania, Perelman School of Medicine.
 2017-Present Commission on Dietetic Registration Certificate of Training in Obesity Interventions Facilitator
 2014-Present Annual Guest Lecture, “Nutrition Management of the Bariatric Surgery Patient,” La Salle University Coordinated Program in Dietetics
 2014-Present Annual Guest Lecture, "Bariatric Surgery," Nutrition Case Studies, University of Pennsylvania School of Nursing

2014-2021	Annual Guest Lecture, "Bariatric Surgery for Treatment of Severe Obesity," Obesity and Society, University of Pennsylvania School of Nursing
April 2021	Scientific Workshop on Management of Obesity and Chronic Kidney Disease, Panelist, The Obesity Society
April 2021	"Barrier Methods: Assessing the Obstacles to Weight Management Services," Academy of Nutrition and Dietetics Weight Management Dietetic Practice Group Symposium
March 2021	"Living in a Virtual World: Nutrition Applications of Telehealth," Nutrition Science and Practice Conference
October 2020	"Let's Come Together: Uniting Dietitians to Combat Weight Bias," Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo
January 2020	"Nutrition Care in Bariatric Surgery," Penn Medicine Nutrition Symposium
2014-2019	"Program overview, quality improvement, and research." Annual Bariatric Education Day, University of Pennsylvania Health System
November 2019	"Patients Bridging to Organ Transplant," Obesity Week, Las Vegas, NV
November 2019	"Communicating Complex Concepts to Patients," Obesity Week, Las Vegas, NV
September 2019	"Improving the Patient Experience: Nutrition Perspective," 16th Annual Bariatric Summit, Memphis, TN
September 2019	"Eating Disorder or Disordered Eating?" 16th Annual Bariatric Summit, Memphis, TN
October 2019	"Preoperative Medical Weight Management," Michigan Bariatric Society- State Chapter Annual Meeting
October 2019	"Bariatric Surgery as a Bridge to Kidney Transplantation," Penn Medicine Kidney Transplant Symposium
April 2019	"Adult Obesity Treatment," Lifecycle Nutrition, Temple University College of Public Health
April 2019	"Bariatric Surgery as a Bridge to Kidney Transplantation," TriState Renal Dietitians Association
November 2018	"Pre-Operative Medical Weight Management," Obesity Week American Society for Metabolic and Bariatric Integrated Health Nutrition Course
November 2018	"Stump the Experts," Panelist, Obesity Week, Nashville, TN
November 2018	"National Post-Bariatric Surgery Outcomes in Patients with Kidney Disease," Obesity Week, Nashville, TN
November 2018	"The Relationship between the Frequency and Duration of the Preoperative Assessment Process and Early Postoperative Weight Loss," Obesity Week, Nashville, TN
September 2018	"Obesity Paradox," Recognizing and Treating Malnutrition in Special Populations Webinar Series, Academy of Nutrition and Dietetics

MEETING/CONFERENCE ORGANIZING ROLES

May 2024 Stakeholder Committee Member, Kidney and Obesity Symposium, Temple University

April 2024 Planning Committee, Pennsylvania Chapter of the American Society for Metabolic and Bariatric Surgery Annual Meeting

June 2023 Course Co-Chair, Multimodal Therapy, American Society for Metabolic and Bariatric Surgery Annual Meeting

June 2022 Director, Integrated Health Nutrition Course, American Society for Metabolic and Bariatric Surgery

May 2022 Stakeholder Committee Member, Kidney and Obesity Symposium, Temple University

April 2022 Sponsorship and Exhibits Chair, Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Exhibition, Allentown, PA

June 2021 Director, Integrated Health Nutrition Course, American Society for Metabolic and Bariatric Surgery

April 2021 Leadership Committee Member, Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Exhibition, Virtual

June 2020 Committee Member, Walk from Obesity Philadelphia, PA—Cancelled due to COVID

April 2020 Leadership Committee Member, Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Exhibition, In-person Switched to Virtual

June 2019 Committee Chair, Walk from Obesity Philadelphia, PA

Nov 2019 Co-Director, Integrated Health Nutrition Obesity Week Course Las Vegas, NV

Nov 2018 Co-Director, Integrated Health Nutrition Obesity Week Course Nashville, TN

March 2017 Moderator. "Building a Virtual Private Practice." Philadelphia Academy of Nutrition and Dietetics

Sept 2017 Committee Chair, Walk from Obesity Philadelphia, PA

MEMBERSHIPS IN PROFESSIONAL & SCIENTIFIC SOCIETIES & OFFICES HELD

National:

2008-Present Academy of Nutrition and Dietetics: Spokesperson, 2020-Present

2012-2019 Academy of Nutrition and Dietetics Thirty and Under Interest Group

2012-Present Academy of Nutrition and Dietetics Weight Management Dietetic Practice Group: Newsletter Article Reviewer, 2013-2016; House of Delegates Representative, 2022-Present

2012-Present The Obesity Society: Early Career Representative, Clinical Committee, 2015-2017

2015-Present American Society for Metabolic and Bariatric Surgery: Integrated Health Communications Committee Member, 2019-2023; Integrated Health Clinical Issues Committee Member, 2023-Present

2016-Present Academy of Nutrition and Dietetics Research Dietetic Practice Group

2017-Present Obesity Action Coalition

2019-Present Academy of Nutrition and Dietetics Nutrition Educators Practice Group

State:

2008-Present, Pennsylvania Academy of Nutrition and Dietetics: District Email Manager 2011-2016; Philadelphia Chair 2017-2018; President-elect 2019-2020; President 2020-2021

2008-Present, Pennsylvania Academy of Nutrition and Dietetics Foundation; Secretary 2018-2019; Board Representative 2021-2022

Local:

2010-Present Philadelphia Academy of Nutrition and Dietetics: Scholarship Chair 2011-2012; Nominating Chair

2014-2016 President-elect 2016-2017; President 2017-2018; Immediate Past President 2018-2019

2017-2022 La Salle University School of Nursing and Health Sciences Advisory Board: Member

SELECTED PROFESSIONAL ACTIVITIES

2021-Present Associate Editor, Obesity Surgery

2020 Ad Hoc Reviewer, Obesity

2020-Present Reviewer, Obesity Research & Clinical Practice

2020 Reviewer, Frontiers in Nutrition

2020 Ad Hoc Reviewer, BMC Medical Research Methodology

2016-2022 Commission on Dietetic Registration: Interdisciplinary Specialist Certification in Obesity and Weight Management Exam Subject Matter Expert

2020-2021 Commission on Dietetic Registration Specialist Certification Panel Member

2019-Present Reviewer, Surgery for Obesity and Related Disorders

2018 Ad Hoc Reviewer, British Medical Journal Open

2018 Ad Hoc Reviewer, Journal of the Academy of Nutrition and Dietetics

SERVICE ACTIVITIES AT CURRENT PLACE OF EMPLOYMENT [e.g., if University of Pennsylvania, first list School of Nursing Committees followed by University Committees]

School of Nursing Committees

2023-Present Member, Practice Committee

2023-Present Member, Faculty Orientation Taskforce

University Committees None

CLINICAL AGENCY ACTIVITIES

UPHS Department of Surgery:

2014- Present Chairperson, UPHS Bariatric Program Committee

2021- Present Chairperson, UPHS Bariatric Research Committee

2022- Present Member, Department of Surgery Multidivisional Electronic Health Record Governance

DOCTORAL DISSERTATION COMMITTEES AND POST DOCS MENTORED

2023. Yiqi Wang, Dissertation Qualifying Exam, Reader
2023. Ashley Cooper, Dissertation Qualifying Exam, Reader

MENTORED PROFESSIONALS

2019-Present Clinical Preceptor, West Chester University of Pennsylvania
2019-Present Clinical Preceptor, University of Southern California
2019-Present Didactic Program Preceptor, Immaculata University
2017 Experiential Engagement Mentor, Doctor of Nursing Practice Program,
Wilmington University
2016-2019 Department of Surgery Harrison Mentoring Program, Mentor
2016 Clinical Preceptor, Dietetic Experience, University of Delaware
2016 Clinical Preceptor, Dietetic Interns, Medical University of South Carolina
2015-Present Clinical Preceptor, Dietetic Interns, Drexel University
2015-Present Clinical Preceptor, Dietetic Interns, Sodexo
2015-2016 Clinical Preceptor, Nutrition Fellow, Children's Hospital of Philadelphia
2012-2013 Clinical Preceptor, Dietetic Interns, University of Delaware
2011-Present Clinical Preceptor, Dietetic Interns, La Salle University Coordinated Program in
Dietetics

Codes for past/present funded research and program grants

R01 – NIH R01

PP – NIH Program Project, Center or Core Grants

FG – Federal Grants – Other (including other individual NIH grants and grants from VA, NSF, DOJ, DOD, AHRQ, DOE, etc.)

CT – Clinical Trials

TG – Training Grants

IG – Industrial Grants (including pharmaceutical)

PG - Private Foundation Grants (including internal Penn grants)

O – Other

Notes:

1. For Program projects, specify whether PI, co-leader or project leader. For center, core and training grants, similarly specify your role.
2. Include any additional, brief information. For clinical trials, for example, specify if multicenter or single center and indicate role of Penn site. Explain any grants in “Other” category.

12/6/96, Personnel Committee revised 2/26/97, 3/3/97, 4/14/97, 11/6/00, 1/14/08